## Thrive Healing Arts Center L.L.C. Dr. Janet T. McKush

**Chiropractic Physician** 1751 Shoreline Boulevard, Prior Lake, MN 55379 952-226-2229 thrivehealingartscenter.com

| Name:                              | 5         |         | Date:        |           |         |       |
|------------------------------------|-----------|---------|--------------|-----------|---------|-------|
| Address:                           |           |         |              |           |         |       |
| Street                             |           | City    | 7            | State     | 2       | Zip   |
| Home Phone:                        | Cell      | Phone:  |              |           |         |       |
| Work Phone:                        | Ema       | ail:    |              |           | -       |       |
| Date of Birth: / /                 |           |         |              |           |         |       |
| Current Marital Status (circle one | ): single | married | separated    | divorc    | ed wi   | dowed |
| Name of Significant Other:         |           |         | Numbe        | r of Chil | ldren:_ |       |
| Children's Names / Ages:           |           |         |              |           |         |       |
| Employer:                          |           |         |              |           | PT stu  | ıdent |
| Employers Address:                 |           |         |              |           |         |       |
| Street                             |           |         | 7            | State     |         | Zip   |
| Job Description:                   |           | N       | /ork Intensi | ty Level  | l:      |       |
|                                    |           |         |              |           |         |       |
| How did you hear about our office  | ?         |         |              |           |         |       |

Reasons you are consulting our office: (check all that apply)

- I have a specific problem / pain and want help with eliminating this problem / pain.
- I am willing to make lifestyle changes with diet and exercise to facilitate healing.
- I have no current symptoms. I am here for wellness care and to optimize my health.

Thrive Healing Arts Center LLC is a fee-for-service practice. **Payment is expected at the** time of service. Credit card, check and cash payments are accepted. You should notify the doctor if you are in an auto accident or experience an injury at your place of work. In these instances Dr. McKush will refer you to a qualified provider that will render care and assist you in submitting claims for your injury.

Appointment time is limited, therefore a missed appointment fee will be incurred unless cancellation is made the day prior to your appointment (\$50 or \$90 depending on appointment length/type).

I understand and agree that health insurance policies are an arrangement between my insurance carrier/s and me. I understand that Dr. McKush will provide me with a statement to submit to my insurance company or HSA, and any reimbursements should be pursued by and paid to me. Should funds be mistakenly paid to Thrive Healing Arts Center LLC, I will be credited or reimbursed.

I understand and agree that all services, supplements, or healing supplies rendered to me at Thrive Healing Arts Center LLC are charged directly to me and that I am personally responsible for payment.

Patient Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_\_

4

| Name:   | Date:   |
|---|---|
| Reason for visit:   |   |
| Are you recovering from a cold or flu? Y N Are you pro-   | regnant? Y N  |
| When did your symptoms begin?   | Have you previously had similar symptoms? Y N                             |
| Have your symptoms changed in any way? Y N If so, I   | how?  |
|   |   |
| Does anything make your symptoms worse?   |   |
|   | e recreation other:   |
| What is your opinion about the cause?   |   |
| Have you seen any other providers for this condition?   |   |
| Provider Treatment Given  | Helpful? Treatment dates  |
|   | YN  |
|   |   |
| What types of therapy have you tried for this problem(s)?   |   |
| □ diet modification □ fasting □ vitamin/mineral □ herbs   |   |
| -   |   |
|   | ated  |
| Current medications   |   |
| Circle the level of stress you are experiencing on a scale<br>Major causes of stress: (job change, work, home, finance  | of 0 to 10 (0 being the lowest): $1 \ 2 \ 3 \ 4 \ 5 \ 6 \ 7 \ 8 \ 9 \ 10$ |
|   | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,                                   |
| Describe the location:<br>Mark an X on the picture to show where you feel pain.   |   |
|   |   |
| What does the pain feel like? (circle all that apply)         Sharp       burning       stabbing       dull       achy         weak       throbbing       tender       numb       tingling         pulling       surface       deep       constant       comes a         Rate your pain intensity (0=No pain       10=Excruciating pain |   |
| Activities that are painful to perform: sitting walking   |   |
|   | ng bending rying down other.  |
| Recent Health History   |   |
| Have you had any recent weight change (loss or gain)? Y N   | Have you been trying to lose weight? Y N                                  |
| Are you feeling unusually tired or fatigued? Y N  | Have you had a recent abnormal temperature? Y N                           |
| Are you having difficulty with urination or bowel movements?  | ·   |
| Have you had long-term steroid use? Y N   | Have you had any recent infections? Y N                                   |
| Have you been diagnosed with cancer or any other illnesses?   | 1 19 ±  |
| Past Health History:  |   |
| Date of last physical exam:   |   |

| GENERAL                           | EVE EAD NOSE THDOAT                                  | CARDIOVASCULAR                           | GENITO-URINARY                       |
|-----------------------------------|--|--|--------------------------------------|
|                                   | EYE,EAR,NOSE,THROAT                                  |  |                                      |
|                                   | Bleeding Gums  | Chest Pain                               | □ Blood in Urine                     |
|                                   | Blurred Vision                                       | □ High Blood Pressure                    | □ Frequent Urination                 |
| Convulsions                       | Crossed Eyes   | □ Irregular Heart Beat                   | □ Lack of Bladder Control            |
| Dental Problems                   | Difficulty Swallowing     Durble Vision              | Low Blood Pressure     Deep Circulation  | Painful Urination                    |
|                                   | Double Vision  | Poor Circulation     Poor Allocate Depth |                                      |
|                                   | Earache or Discharge                                 | Rapid Heart Beat                         | GASTROINTESTINAL                     |
| □ Fainting                        | □ Hay Fever  | □ Swelling of Ankles                     | □ Appetite Poor                      |
|                                   |  | □ Varicose Veins                         | □ Bloating                           |
| □ Forgetfulness                   | Loss of Hearing                                      |  | Bowel Changes                        |
|                                   |  | SKIN                                     | □ Constipation                       |
| □ Loss of Sleep                   | Persistent Cough                                     | Bruise Easily                            | 🛛 Diarrhea                           |
| Muscle Jerking                    | □ Ringing in Ears                                    | □ Hives                                  | Excessive Hunger                     |
| □ Nervousness                     | □ Sinus Problems                                     | □ Itching                                | Excessive Thirst                     |
| □ Numbness or Tingling            | □ Vision - Flashes                                   | Change in Moles                          | 🗆 Gas                                |
| Paralysis                         | □ Vision - Halos                                     | 🛙 Rash                                   | Hemorrhoids                          |
| □ Sweats                          |  |  | Indigestion or Heart Burn            |
|                                   |  | Sores That Won't Heal                    | 🛛 Nausea                             |
| 12                                |  |  | Rectal Bleeding                      |
|                                   |  |  | Stomach Pain                         |
|                                   |  |  | □ Vomiting                           |
| Do vou have any allergies? Y      | N If so list   |  |                                      |
| <b>GENERAL SYMPTON</b>            | <b>IS:</b> Check Symptoms you have h                 | ad in the past year                      |                                      |
|                                   |  |  | -                                    |
| Major Hospitalizations            | Surgeries Injuries:                                  |  |                                      |
| -                                 | , eurgenee, injunee.                                 |  |                                      |
| Year Operation, illness, injury   |  | Outcome                                  |                                      |
|                                   |  |  |                                      |
|                                   |  |  |                                      |
|                                   |  |  |                                      |
| Have you been involved in a       | moving vehicle collision? Y N                        |  |                                      |
| -                                 | -  |  |                                      |
| Please list approximate dates     | and severity: mild, moderate or extre                | me.                                      |                                      |
| Automobile:                       |  |  |                                      |
|                                   |  |  |                                      |
| Bus, Motorcycle:                  |  |  |                                      |
|                                   |  |  |                                      |
|                                   |  |  |                                      |
| Sports and Leisure                |  |  |                                      |
| Were you previously active in     | n any particular sports that you are no              | w no longer able to do? Y N              |                                      |
|                                   |  |  |                                      |
|                                   |  |  |                                      |
| Are there activities in which     | you spend any length of time in a par                | ticular position (TV, reading, musi      | icians, etc.)?                       |
| Describe                          |  |  |                                      |
|                                   |  | *  |                                      |
| During the day I: (circle all the | nat apply)   |  |                                      |
| Sit Stand Walk Do                 | phone work Drive Do mech                             | anical work Do repetitive wo             | ork Do heavy lifting                 |
| Do you use safety equipment       | like bike helmets, wrist guards and s                | eat belts? Y N                           |                                      |
|                                   | rts orthotics heel lifts?                            |  |                                      |
|                                   |  |  |                                      |
|                                   | hours/night Do you sleep                             | o on your: side back st                  | omach?                               |
| Chemical Exposure                 |  |  |                                      |
| fireman, farmer, miner) activ     | otentially harmful chemicals (e.g. pes<br>ities? Y N |  | health and/or life threatening (e.g. |
|                                   | ons or drugs you have taken in the p                 |  | ently taking it circle C             |
| -                                 | 0 1  |  |                                      |
| Allergy/Cold/Flu P                | C Aspirin/Tylenol/Ibuprofe                           | en P C · Laxatives                       | P C                                  |

| Antacids              | Р    | С      |        | Birth Control Pills  | Р | С | Lithium                 | Р | С |
|-----------------------|------|--------|--------|----------------------|---|---|-------------------------|---|---|
| Anti-anxiety          | Р    | С      |        | Blood pressure meds  | Р | С | Pain medications        | Р | С |
| Antibiotic            | Р    | С      |        | Cortisone            | Р | С | Pep pills/Stimulants    | Р | С |
| Antidepressant        | Р    | С      |        | Diabetic medications | Р | С | Recreational            | Р | С |
| Antifungal            | Р    | С      |        | Heart medications    | Р | С | Relaxant/Sleeping pills | Р | С |
| Anti-inflamatory      | Р    | С      |        | Hormones             | Р | С | Thyroid medications     | Р | С |
| Antiparasitic(worms)  | Р    | С      |        | Insulin              | Р | С | Ulcer medications       | Р | С |
| Other                 | Р    | С      | List:  | 12                   |   |   |                         |   |   |
| What immunizations ha | ve y | ou rec | eived? | ?                    |   |   |                         |   |   |

#### Medical History: CHECK ALL THAT APPLY

| 🗆 AIDS                | High Cholesterol             | HIV Positive          | 🛛 Prosthesis                 |
|-----------------------|------------------------------|-----------------------|------------------------------|
| □ Alcoholism          | Circulatory Problems         | Infection, chronic    | Rheumatoid Arthritis         |
| □ Allergies           | □ Colitis                    | Inflammatory bowel    | Rheumatic Fever              |
| 🛛 Anemia              | Dental Problems              | Irritable bowel       | □ Scarlet Fever              |
| 🛛 Anorexia            | Depression                   | Kidney Disease        | Seasonal Affective Disorder  |
| Appendicitis          | Diabetes                     | Learning disabilities | Sexually transmitted disease |
| 🛛 Arthritis           | Eating Disorder              | Liver Disease         | □ Sinus issues               |
| 🗆 Asthma              | Emphysema                    |                       | Skin problems                |
| Autoimmune disease    | Epilepsy                     | Mental illness        | 🛛 Stroke                     |
| □ Bleeding Disorders  | Eye, ear, nose, throat, prob | Migraine Headaches    | Thyroid Problems             |
| 🛛 Breast Lump         | 🛛 Fibromyalgia               | Miscarriage           | 🛛 Tonsillitis                |
| Bronchitis            | Food intolerance             | Mononucleosis         | Tuberculosis                 |
| 🛛 Bulimia             | Genetic disorder             | Multiple Sclerosis    | □ Tumors, Growths            |
|                       | 🛛 Glaucoma                   | 🛛 Mumps               | 🛛 Typhoid Fever              |
| 🛛 Carpal Tunnel       | □ Goiter                     | Neurological Disorder |                              |
| □ Cataracts           | 🛛 Gonorrhea                  | □ Obesity             | Vaginal Infections           |
| □ Chemical Dependency | 🛛 Gout                       | Osteoporosis          | □ Varicose veins             |
| 🛛 Chicken Pox         | Heart Disease                | Pacemaker             | □ Venereal Disease           |
| Chronic Fatigue       | 🛛 Hepatitis                  | 🛛 Pneumonia           | Whooping Cough               |
| Herpes                | 🛛 Hernia                     | 🗆 Polio               | Other                        |
|                       |                              | Prostate Problem      |                              |

MEN

🛛 BPH

Prostate Cancer

Decreased Sex DriveInfertility

Other\_\_\_\_

### WOMEN

- Breast Cancer
  Decreased sex drive
  Endometriosis
  Fibrocystic breasts
  Fibroids/ovarian cysts
  Hot Flashes
- Infertility
  Menstrual irregularities
  Pelvic inflammatory disease
  PMS
  Vaginal infections
  Other \_\_\_\_\_\_

□ Corrective Lenses □ Dentures □ Hearing Aid □ Medical Devices/prosthetics/implants, describe:

| Recent changes i  | n your ability to:   | 🛛 see 🗋 hear   | 🗆 taste 🛛      | smell 🛛                                   | feel hot/cold                    | sensations 🛛    | move                                       |              |
|---|--|--|----------------|---|----------------------------------|-----------------|--|--------------|
| Strong like for ay of the following flavors:  |  |  |                |   |                                  |                 | ] salty                                    |              |
| Strong dislike for a  | ay of the following f                                      | lavors: 🛛 sour   | 🛛 bitter       | □ sweet                                   | □ rich/fatty                     | □ spicy/pun     | igent [                                    | ] salty      |
| Do you: D prefer warmth (i.e.food, drink, weather) D prefer cold (i.e.food, drink, weather) D No preference |  |  |                |   |                                  |                 |  |              |
| Is your sleep distur  | rbed at the same tim                                       | e every night?   | Y N if y       | es, what ti                               | ime?                             |                 |  |              |
| Time of day you have  | e the most energy or le                                    | ast symptoms:  | Time           | of day you                                | have the least                   | energy or mos   | t sympto                                   | ms:          |
| □ 7a.m-9a.m.<br>□ 1pm – 3pm<br>□ 7pm – 9pm<br>□ 1am - 3am   | □ 9am – 11am<br>□ 3pm – 5pm<br>□ 9pm – 11pm<br>□ 3am – 5am | □ 11am – 1pm<br>□ 5pm – 7pm<br>□ 11pm – 1am<br>□ 5am – 7am | □ 1pi<br>□ 7pi | .m-9a.m.<br>m – 3pm<br>m – 9pm<br>m - 3am | □ 9am<br>□ 3pm<br>□ 9pm<br>□ 3am | 5pm [<br>11pm [ | ] 11am -<br>] 5pm –<br>] 11pm -<br>] 5am – | 7pm<br>– 1am |

# Toxicity Questionnaire

The Toxicity Questionnaire is designed to aid the practitioner in assessing a patient's or client's potential need for a purification program.

Date:

### Section I: Symptoms

Rate each of the following based upon your health profile for the past 90 days.

| Circle th                        | e correspond  | ling number.                   | ]             |  |  |  |  |
|----------------------------------|---|--------------------------------|---------------|--|--|--|--|
| 0 Rarely or Never Experie        | Rarely or Never Experience the Symptom                    |                                |               |  |  |  |  |
| 1 Occasionally Experienc         | Occasionally Experience the Symptom, Effect is Not Severe |                                |               |  |  |  |  |
| 2 Occasionally Experienc         | Occasionally Experience the Symptom, Effect is Severe     |                                |               |  |  |  |  |
| 3 Frequently Experience          | Frequently Experience the Symptom, Effect is Not Severe   |                                |               |  |  |  |  |
| 4 Frequently Experience          | the Symptom   | a, Effect is Severe            |               |  |  |  |  |
| 1. DIGESTIVE                     |   | 6.HEAD                         |               |  |  |  |  |
| a. Nausea and/or vomiting        | 0 1 2 3 4   | a. Headaches                   | 0 1 2 3 4     |  |  |  |  |
| b. Diarrhea                      | 0 1 2 3 4   | b. Faintness                   | 0 1 2 3 4     |  |  |  |  |
| c. Constipation                  | 0 1 2 3 4   | c. Dizziness                   | 0 1 2 3 4     |  |  |  |  |
| d. Bloated feeling               | 0 1 2 3 4   | d. Pressure                    | 0 1 2 3 4     |  |  |  |  |
| e. Belching and/or passing gas   | 0 1 2 3 4   | 12                             | Total:        |  |  |  |  |
| f. Heartburn                     | 0 1 2 3 4   |                                |               |  |  |  |  |
|                                  | Total:  | 7. LUNGS                       |               |  |  |  |  |
|                                  |   | a. Chest congestion            | 0 1 2 3 4     |  |  |  |  |
| 2. EARS                          |   | b. Asthma or bronchitis        | 0 1 2 3 4     |  |  |  |  |
| a. Itchy ears                    | 0 1 2 3 4   | c. Shortness of breath         | 0 1 2 3 4     |  |  |  |  |
| b. Earaches or ear infections    | 0 1 2 3 4   | d. Difficulty breathing        | 0 1 2 3 4     |  |  |  |  |
| c. Drainage from ear             | 0 1 2 3 4   |                                | Total:        |  |  |  |  |
| d. Ringing in ears or hearing lo | SS  |                                | 10000         |  |  |  |  |
|                                  | 0 1 2 3 4   | 8. MIND                        |               |  |  |  |  |
|                                  | Total:  | a. Poor memory                 | 0 1 2 3 4     |  |  |  |  |
|                                  |   | b. Confusion                   | 0 1 2 3 4     |  |  |  |  |
| 3. EMOTIONS                      |   | c. Poor concentration          | 0 1 2 3 4     |  |  |  |  |
| a. Mood swings                   | 0 1 2 3 4   | d. Poor coordination           | 0 1 2 3 4     |  |  |  |  |
| b. Anxiety, fear, or nervousness | 0 1 2 3 4   | e. Difficulty making decisions | 0 1 2 3 4     |  |  |  |  |
| c. Anger, irritability           | 0 1 2 3 4   | f. Stuttering, stammering      | 0 1 2 3 4     |  |  |  |  |
| d. Depression                    | 0 1 2 3 4   | g. Slurred speech              | 0 1 2 3 4     |  |  |  |  |
| e. Sense of despair              | 0 1 2 3 4   | h. Learning disabilities       | 0 1 2 3 4     |  |  |  |  |
| f. Uncaring or disinterested     | 0 1 2 3 4   |                                | Total:        |  |  |  |  |
| ¥                                | Total:  |                                | 101011.       |  |  |  |  |
|                                  | 10tuli  | 9. MOUTH/THROAT                |               |  |  |  |  |
| 4. ENERGY / ACTIVITY             |   | a. Chronic coughing            | 0 1 2 3 4     |  |  |  |  |
| a. Fatigue or sluggishness       | 0 1 2 3 4   | b. Gagging or frequent need to | clear throat  |  |  |  |  |
| b. Hyperactivity                 | 0 1 2 3 4   |                                | 0 1 2 3 4     |  |  |  |  |
| c. Restlessness                  | 0 1 2 3 4   | c. Swollen or discolored tongu | e, gums, lips |  |  |  |  |
| d. Insomnia                      | 0 1 2 3 4   |                                | 0 1 2 3 4     |  |  |  |  |
| e. Startled awake at night       | 0 1 2 3 4   | d. Canker sores                | 0 1 2 3 4     |  |  |  |  |
|                                  | Total:  |                                | Total:        |  |  |  |  |
| 5. EYES                          |   | 10.NOSE                        |               |  |  |  |  |
| a. Watery or itchy eyes          | 0 1 2 3 4   | a. Stuffy nose                 | 0 1 2 3 4     |  |  |  |  |
| b. Swollen, reddened, or sticky  |   | b. Sinus problems              | 0 1 2 3 4     |  |  |  |  |
|                                  | 0 1 2 3 4   | c. Hay fever                   | 0 1 2 3 4     |  |  |  |  |
| c. Dark circles under eyes       | 0 1 2 3 4   | d. Sneezing attacks            | 0 1 2 3 4     |  |  |  |  |
| d. Blurred or tunnel vision      | 0 1 2 3 4   | e. Excessive mucous            | 0 1 2 3 4     |  |  |  |  |
|                                  |   |                                |               |  |  |  |  |
|                                  | Total:  |                                | Total:        |  |  |  |  |

|        | 11. SKIN  |     |     |      |   |   |
|--------|---|-----|-----|------|---|---|
|        | a. Acne   | 0   | 1   | 2    | 3 | 4 |
|        | b. Hives, rashes, or dry skin   | 0   | 1   | 2    | 3 | 4 |
|        | c. Hair loss  | 0   | 1   | 2    | 3 | 4 |
|        | d. Flushing   | 0   | 1   | 2    | 3 | 4 |
| 3 4    | e. Excessive sweating   | 0   | 1   | 2    | 3 | 4 |
| 3 4    |   | Т   | ota | l: _ |   |   |
| 3 4    |   |     |     |      |   |   |
| 3 4    | 12. HEART   |     |     |      |   |   |
|        | a. Skipped heartbeats   | 0   | 1   | 2    | 3 | 4 |
|        | b. Rapid heartbeats   | 0   | 1   | 2    | 3 | 4 |
|        | c. Chest pain   | 0   | 1   | 2    | 3 | 4 |
| 34     |   | Т   | ota | 1: _ |   |   |
| 34     |   |     |     |      |   |   |
| 3 4    | 13. JOINTS / MUSCLES  |     |     |      |   |   |
| 3 4    | a. Pain or aches in joints  | 0   | 1   | 2    | 3 | 4 |
|        | b. Rheumatoid arthritis   | 0   | 1   | 2    | 3 | 4 |
|        | c. Osteoarthritis   | 0   | 1   | 2    | 3 | 4 |
|        | d. Stiffness or limited movemer   | ıt  |     |      |   |   |
| 34     |   | 0   | 1   | 2    | 3 | 4 |
| 34     | e. Pain or aches in muscles   | 0   | 1   | 2    | 3 | 4 |
| 34     | f. Recurrent back aches   | 0   | 1   | 2    | 3 | 4 |
| 3 4    | g. Feeling of weakness or tiredn  | ies | s   |      |   |   |
| 34     | 0 0   | 0   |     | 2    | 3 | 4 |
| 34     |   | т   |     | 1: _ |   |   |
| 3 4    |   | 10  | νa  | I• _ |   |   |
| 34     | 14. WEIGHT  |     |     |      |   |   |
|        | a. Binge eating or drinking   | 0   | 1   | 2    | 3 | 4 |
|        | b. Craving certain foods  | 0   | 1   | 2    | 3 | 4 |
|        | c. Excessive weight   | 0   | 1   | 2    | 3 | 4 |
| 34     | d. Compulsive eating  | 0   | 1   | 2    | 3 | 4 |
| iroat  | e. Water retention  | 0   | 1   |      |   | 4 |
| 34     | f. Underweight  | 0   | 1   | 2    |   | 4 |
| , lips |   |     |     | l: _ |   |   |
| 3 4    |   | 10  | na. | L• _ |   |   |
| 34     | 15. OTHER:  |     |     |      |   |   |
|        | a. Frequent illness   | 0   | 1   | 2    | 3 | 4 |
|        | b. Frequent or urgent urination   |     | 1   |      | 3 |   |
|        | c. Leaky bladder  | 0   | 1   |      | 3 |   |
| 34     | d. Genital itch, discharge  | 0   | 1   |      | 3 |   |
| 3 4    |   |     |     |      |   | _ |
| 3 4    |   | 10  | ла  | l: _ |   |   |
| 3 4    |   |     |     |      |   |   |
|        | and the second se |     |     |      |   |   |

Section I Total:

## Section II: Risk of Exposure

Rate each of the following situations based upon your environmental profile for the past 120 days.

| 0 Never   | 1 Rarely  | 2 Monthly   | 3 Weekly                      | 4 Dail                              | У                                     |
|---|---|---|-------------------------------|-------------------------------------|---------------------------------------|
| . How often are stro  | ng chemicals used in your home?   |   |                               |                                     |                                       |
| disinfectants, bleach   | nes, oven and drain cleaners, furnitu   | re polish, floor wax, window c                              | cleaners, etc.)               | 0 1                                 | 234                                   |
| . How often are pest  | ticides used in your home?  |   |                               | 0 1                                 | 234                                   |
| . How often do you  | have your home treated for insects?   | (   |                               | 0 1                                 | 234                                   |
| l. How often are you  | exposed to dust, overstuffed furnitu  | ıre, tobacco smoke, mothballs                               | , incense, or varnish in your | home or offic                       | ce?                                   |
|   |   |   |                               | 0 1                                 | 234                                   |
| . How often are you   | exposed to nail polish, perfume, ha   | irspray, or other cosmetics?                                |                               | 0 1                                 | 234                                   |
| . How often are you   | exposed to diesel fumes, exhaust fu   | mes, or gasoline fumes?                                     |                               | 0 1                                 | 234                                   |
|   |   |   | Т                             | Total:                              |                                       |
|   |   |   |                               |                                     |                                       |
| <b>17.</b> Circle the corre   | esponding number for questions 17   | a-17b below.  |                               |                                     |                                       |
| <b>0</b> No   | 1 Mild Change   | 2 Moderate Change   | 3 Drastic Change              |                                     |                                       |
|   |   |   |                               |                                     |                                       |
| . Have vou noticed a  | any negative change in your health s  | ince vou moved into vour hor                                | ne or apartment?              | 0                                   | 123                                   |
|   | any negative change in your health s<br>any change in your health since you               | <u>/</u>  | ne or <u>apartment?</u>       |                                     | $\frac{1}{1} \frac{2}{2} \frac{3}{3}$ |
|   | any negative change in your health s<br>any change in your health since you               | <u>/</u>  |                               | 0                                   |                                       |
|   |   | <u>/</u>  |                               |                                     |                                       |
| b. Have you noticed a   |   | started your new job?                                       | T                             | 0                                   |                                       |
| b. Have you noticed a   | any change in your health since you   | started your new job?                                       | T                             | 0                                   |                                       |
| 18. Answer yes or t   | no and circle the corresponding nur   | started your new job?<br>nber for questions 18a-18d be      | T                             | 0                                   |                                       |
| 18. Answer yes or t   | any change in your health since you   | started your new job?<br>nber for questions 18a-18d be      | T                             | 0<br>Fotal:                         | 123                                   |
| <ul> <li>Have you noticed a</li> <li>18. Answer yes or noticed a</li> <li>Do you have a wate</li> <li>Do you have any ir</li> </ul>                     | no and circle the corresponding nur<br>er purification system in your home<br>ndoor pets? | started your new job?<br>nber for questions 18a-18d be      | T                             | 0<br>Fotal:<br>                     | 1 2 3<br>Yes                          |
| <ul> <li>Have you noticed a</li> <li>18. Answer yes or a</li> <li>Do you have a wate</li> <li>Do you have any ir</li> <li>Do you have an air</li> </ul> | no and circle the corresponding nur<br>er purification system in your home<br>idoor pets? | started your new job?<br>nber for questions 18a-18d be<br>? | T                             | 0 Total:                            | 1 2 3<br>Yes<br>0                     |
| . Have you noticed a<br><b>18.</b> Answer yes or a<br>. Do you have a wate<br>. Do you have any ir<br>. Do you have an air                              | no and circle the corresponding nur<br>er purification system in your home<br>ndoor pets? | started your new job?<br>nber for questions 18a-18d be<br>? | T                             | 0<br>Fotal:<br><br><br>No<br>2<br>0 | 1 2 3<br>Yes<br>0<br>2                |
| 18. Answer yes or noticed a<br>18. Answer yes or noticed a<br>1. Do you have a wate<br>2. Do you have any ir<br>2. Do you have an air                   | no and circle the corresponding nur<br>er purification system in your home<br>idoor pets? | started your new job?<br>nber for questions 18a-18d be<br>? | low.                          | 0<br>Fotal:                         | 1 2 3<br>Yes<br>0<br>2<br>0           |
| 18. Answer yes or noticed a<br>18. Answer yes or noticed a<br>1. Do you have a wate<br>b. Do you have any ir<br>c. Do you have an air                   | no and circle the corresponding nur<br>er purification system in your home<br>idoor pets? | started your new job?<br>nber for questions 18a-18d be<br>? | low.                          | 0<br>Total:                         | 1 2 3<br>Yes<br>0<br>2<br>0           |
| . Have you noticed a<br><b>18.</b> Answer yes or a<br>. Do you have a wate<br>. Do you have any ir<br>. Do you have an air                              | no and circle the corresponding nur<br>er purification system in your home<br>idoor pets? | started your new job?<br>nber for questions 18a-18d be<br>? | low.                          | 0<br>Total:                         | 1 2 3<br>Yes<br>0<br>2<br>0           |

## Grand Total (Section I & Section II)

Add up the numbers to arrive at a total for each section, and then add the totals for each section to arrive at the grand total. If any individual section total is 6 or more, or the grand total is 40 or more, you may benefit from a purification program.

Adapted with permission from the author of *Clinical Purification™: A Complete Treatment and Reference Manual*, Dr. Gina L. Nick.

# Thrive Healing Arts Center L.L.C. Patient Consent for Treatment

I hereby request and consent to the performance of chiropractic adjustments and adjunctive procedures, which may include acupuncture and/or Applied Kinesiology testing, and /or nutritional recommendations, on me (or the patient named below, for whom I am legally responsible) by Dr. Janet McKush D.C. with Thrive Healing Arts Center L.L.C.

### **Chiropractic**

I have had the opportunity to discuss with the doctor of chiropractic the nature and purpose of chiropractic adjustments and other procedures. I understand that there are beneficial effects associated with these treatment procedures including decreased pain, improved mobility and function, and reduced muscle spasm. However, I appreciate there is no certainty that I will achieve these benefits nor is there guarantee to the outcome of these procedures.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations, and sprains. I do not expect the provider to be able to anticipate and explain all of the risks and complications, and I wish to rely upon the provider to exercise judgment during the course of the procedure which the provider feels at the time, based upon the facts known to her, is in my best interest.

### Acupuncture

I have been informed that acupuncture is a safe method of treatment, but that it may have side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Unusual risks with acupuncture are spontaneous miscarriage, nerve damage and organ puncture (including lung puncture or pneumothorax). Infection is another possible risk, although the certified chiropractic acupuncturist Dr. Janet McKush uses sterile disposable needles and safe environment. I understand that while this document describes the major risks of treatment other side effects and risks may occur.

I do not expect the certified chiropractic acupuncturist Dr. Janet McKush to be able to anticipate and explain all risks and complications during treatment, and wish to rely on her to exercise judgment in the course of treatment which she thinks at the time, based on the facts known, is in my best interest. I understand that results are not guaranteed.

### Applied Kinesiology

I have requested a chiropractic evaluation, which at Thrive Healing Arts Center L.L.C. utilizes Applied Kinesiology /muscle testing for analysis in conjunction with

other conventional chiropractic testing procedures. I understand that the practice of Applied Kinesiology testing originated in 1964 by Dr. George Goodheart, whose techniques are utilized today by some alternative doctors of medicine, osteopathy, dentistry, psychology and naturopathy, as well as chiropractors, for analysis, treatment, and nutritional recommendations. This procedure is experimental in nature. While there has been peer review research and publications of Applied Kinesiology in professional journals, some of the techniques have not been supported, and results were inconsistent as measured using standard scientific methods.

Dr. Janet McKush with Thrive Healing Arts Center L.L.C. is certified in Applied Kinesiology. I agree to the above testing procedures and to treatment as agreed upon by the doctor and myself. I am willing to take responsibility for and reserve the right to accept or reject any recommendations related to muscle testing.

#### Nutrition

I understand that according to the federal Food, Drug, and Cosmetic Act, Section 201 (g)(1), the term 'Drug' is defined to mean: "Articles intended for use in the diagnosis, cure, mitigation, treatment or prevention of disease". I understand that a vitamin is not a drug, neither is a mineral, trace element, amino acid, herb, or homeopathic remedy. Although these may have an effect on any disease process or symptoms, this does not mean that it can be misrepresented, or be classified as a drug.

I understand that dietary or nutritional advice is not intended as a primary treatment and/or therapy for any disease or particular bodily symptom. Nutritional counseling, dietary advice, and vitamin recommendations are provided solely to upgrade the quality of foods in the patient's diet in order to supply good nutrition to support the biochemical processes of the body. Nutritional recommendations may also enhance the stabilization of chiropractic adjustments and treatment.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future conditions for which I seek treatment.

| Patient Name (Print):                                   | Date: |
|---|-------|
| Patient Signature:                                      | Date: |
| (If patient is a minor, signature of parent / guardian) |       |
| Provider Signature:                                     | Date: |
| 0   |       |

## Patient Health Information Consent Form

We want you to know how your Patient health Information (PHI) is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you have read and understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your PHI we encourage you to read the HIPAA NOTICE that is available to you at our front desk before signing this consent.

- 1. The patient understands and agrees to allow this chiropractic office to use their PHI for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the health insurance company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
- 2. The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
- 3. A patient's written consent need only be obtained one time for all subsequent care given the patient in this office.
- 4. The patient may provide a written request to revoke consent at any time during care. This would not affect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
- 5. For your security and right to privacy, all staff has been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known in this office to assure that your records are not readily available to those who do not need them.
- 6. Patients have the right to file a formal complaint with our privacy official about any possible violations or these policies and procedures.
- 7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care.

I have read and understand how my Patient Health Information will be used and I agree to \* these policies and procedures.

Name of patient

Date